

Official rules of the competition

Arobs XMan Romania 2024

Section 1. Organisers and official competition rules

The "XMan Romania" Competition (hereinafter referred to as "Competition") is organized by A.C.S. Xterra Sport Bihor in partnership with the Romanian Triathlon Federation and aims to promote triathlon among the population in particular and an active lifestyle in general and to support sports performance among athletes from Romania and abroad.

Entrants to the Competition agree to abide by the terms and conditions of these Official Competition Rules (hereinafter referred to as the "Official Rules").

The official rules have been drawn up and will be made public in accordance with Romanian law and will be made available free of charge to applicants at <https://xmanromania.ro/regulament/>.

The competition is organized according to the Competition Rules of the Romanian Triathlon Federation available on the website <https://triatlonromania.ro/regulamente/> and according to the legal rules regarding the organization of outdoor sports competitions in relation to the restrictions imposed by the legislation in force on combating the spread of COVID19.

The rules are drawn up in accordance with the recommendations of the ITU (International Triathlon Union) Technical Committee.

For any of the organisational variants adopted, the organisational framework and the rules to be respected for the smooth running of the competition are those of:

- Regulation World Triathlon;
- Romanian Triathlon Federation Regulation;
- Covid-19 Prevention Guide;
- in accordance with the contractual conditions laid down in the contract between the Organiser and the FRTRI.

World Triathlon rules are available on the following website:

https://www.triathlon.org/uploads/docs/World-Triathlon_Compensation_Rules_2023_20230208.pdf

The rules of the Romanian Triathlon Federation are available on the website:

<https://triatlonromania.ro/regulamente/>

By participating in this Competition, participants agree to abide by and follow all the provisions, terms and conditions of the Official Rules, as well as the rules in force, and to sign an affidavit submitted by the organizers upon registration, on the date of the competition, and upon validation of the entry.

Section 2. Time and location of the competition

The competition will take place on Saturday 8 June 2024.

The exact start/start/finish locations are available to competitors in the Races section of www.xmanromania.ro.

Section 3. Participants and competition conduct

3.1 Travel distances

Participants can opt for the following distances:

- Long distance race (Full) consisting of 3800 m. swimming + 180 km. cycling + 42 km. running;
- Half distance race consisting of 1900 m. swimming + 90 km. cycling + 21 km. running;
- Standard (Olympic) distance race consisting of 1500m swim + 40km bike + 10km run;

Distances are approximate and differences from ITU standard distances are due to local constraints.

This competition is open to anyone over the age of 18 who meets the following conditions:

- is in good enough health to take part in the competition events over the chosen distances;
- is a member of the Romanian Triathlon Federation or - for foreign citizens - of the Triathlon Federation of his/her country of origin. Excepted from this condition are competitors of relay races who can participate without a licence. Competitors of individual events may participate on the basis of an annual licence or a one-day licence. To score in the National Long Distance Championship or the National Triathlon Circuit, competitors need an annual licence. HALF, OLIMPIC races are part of the National Triathlon Circuit.

Licensing can only be done online. More information can be found on the official FRTRI page [here](#).

WARNING! If the competitor does not present his/her triathlon license at the time of picking up the kit, he/she will not be allowed to start the competition.

3.2 Age categories, male and female:

Participation in the competition both individually and in teams is only allowed for people over 18 years old!

Long Race (Full) AG 18-29, 30-39, 40-49, 50-59, 60-69, 70+ (F/M)

Medium Race (Half) AG 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+ (F/M)

Standard Race (Olympic) AG 18-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+ (F/M)

When calculating the age category, account is taken of the age on or before 31 December of the current year!

Teams: mixed.

A team can consist of 2 or 3 people. In the case of a 2-person team, one of the two members must complete 2 of the 3 events. The handover of the relay will be done by transferring the electronic timing chip from one team-mate to the other.

A person taking part in one of the individual races can also be part of a relay. Thus, the time covered in the swimming or swimming + cycling event will also be counted for the relay to which he/she belongs.

Competitors in the individual races must complete all 3 individual events - swimming, cycling and running - in that order and cover the full competition distances for the race they have entered.

The competition route will be secured by fencing, boundary strips and cones. Organisers' representatives - the committee members responsible for the route - will be present at key points along the route and will ensure that all competitors run the competition safely and follow the competition rules.

Competitors who do not respect the official route or shorten it in any way (thus gaining a competitive advantage) will be disqualified.

A detailed map of the entire route is available on www.xmanromania.ro, in the Race Info/Map section.

3.3 Competition route

3.3.1 Transition Zone

TRANSITION: Opens on competition day (June 8)

Long Distance: 5:30-6:30

Half Distance: 7:00-8:00

Olympic Distance: 12:30-13:30

The transition zone is the same for T1: swimming-cycling and T2: cycling-running.

Access to the transition area will be secure and for participants only.

T1: Swimming-cycling transition

Involves walking or running the distance from the exit of the water to the entrance of the transition area, depositing the swimming equipment in the competitor's allocated crate and equipping for the cycling event.

Abandoning items of equipment or other items outside the competitor's allocated crate will be penalised.

The helmet must be worn properly and closed before lifting the bike from the rack. Failure to do so will result in a penalty.

The competition number is compulsory from the exit of T1. In the cycling event, it will be worn on the back and must be visible to the referees, public, other competitors and volunteers. Failure to comply with this rule will be penalised.

Participants can only get on the bike after crossing the "Mount Bike" line.

T2: Cycling-running transition

Competitors must store their bikes in the designated area in Transition. Violation of this rule will be sanctioned.

Competitors must dismount their bike before the "Dismount Bike" line (placing one foot on the ground before the line) at the end of the cycling event. These two lines will be properly marked and there will be volunteers announcing these areas. Failure to do so will result in a penalty according to the rules.

The cycling helmet can only be taken off once the bike is in the rack. Failure to comply with this rule is punishable.

Details on the security of the transition zone:

Access will be by competition number only;

Bicycles and equipment will be stored in the transition area according to the official programme available on the competition website in the competitors' section. For safety reasons, outside of the announced equipment storage period, only competitors currently racing will be allowed access to the transition area.

Bike storage in the transition area will be at the marked location according to the competition number and race the competitor is participating in.

Storing the bike in an unallocated area before the race or at the T2 transition will be sanctioned by a warning if the participant remedies the situation before the start. If they do not remedy this before the start or make this infraction in T2 then the competitor will receive a time penalty.

Bikes and equipment in transition boxes can be picked up from the transition area according to the schedule posted by the organizer.

Pick-up of bikes and equipment left in transition is only by special number created for this purpose - it is a copy of the competition number.

3.3.2 Swimming event

The swimming event will take place on the upstream run channel. The water flow will be turned off. The axis of the channel will be buoyed and the return buoys will be well marked. Distances travelled will be marked on the edge of the channel, on concrete, with bright/visible coloured spray.

The starting mechanism will be as follows - **Start from the water** - competitors will enter the lake and then the mass start will take place.

Technical and medical delegates may change the length of the swim route or adopt new provisions regarding the use of neoprene suits

START SWIMMING:

Long Distance: 7:00am / 3800m (2 loops) / Time limit: 2h20m

Half Distance: 8:30am / 1900m (1 loop) / Time limit: 1h30m

Olympic Distance: 14:00 / 1500m (1 loop) / Time limit: 1h10m

Rules of neoprene suit use:

Swimming distance	Official water temperature, at and above which the use of neoprene is prohibited	Official water temperature, at and below which, use of neoprene is mandatory.
0 - 1500 m	22	16
1501 m - ...	24	16

***The final decision will be taken one hour before the start of the competition and will be communicated expressly to the athletes through the technical delegate.**

If the swimming event is cancelled, it may be replaced by a new running event or eliminated completely.

Water Quality:

Water quality will be tested by the Bihor Public Health Department 7 days before the competition date, according to World Triathlon rules. All the necessary indicators have been analysed to guarantee the health of the competitors. The result of the test will be published on the website according to the following format:

Date of the trial:	PH	Entero-cocci	EscherichiacoliE.Coli
According to the legislation	6 - 9	< 200 la100ml (cfu/100ml)	< 500 per 100ml (cfu/100ml)
Sample Result			

Transition will await competitors with a hydration point with flat mineral water.

3.3.3 Cycling Event

The cycling event takes place on a loop completely closed to car traffic, which must be covered a number of times corresponding to the chosen race. Details of how to ride the loop, the number of loops to be ridden and the route map can be found on the competition website under the **Route Information** menu.

Athletes must keep track of their laps. If, when validating the results, it is found that a competitor has not covered the full number of loops, that competitor will be disqualified.

For the Full race:

Time trial or road bikes are allowed;

Drafting is not allowed.

For the Half race:

Time trial or road bikes are allowed;

Drafting is not allowed.

For the Olympic race:

Only road bikes are allowed;

No time trial bikes or aerobar accessories are allowed.

Drafting between competitors of the same sex is allowed.

For the Full Relay race:

Time trial, road and MTB bikes are allowed;

Drafting is not allowed.

For the Half Relay race:

Time trial, road and MTB bikes are allowed;

Drafting is not allowed.

For the Olympic Relay race:

Road or MTB bikes are allowed;

No time trial bikes or aerobar accessories are allowed.

Drafting between competitors of the same sex is allowed.

The drafting area is in the shape of a rectangle 3m wide and 12m long. The length is measured from the front wheel of the bike towards the back of the bike. The width of the rectangle shall be centred on the middle of the bicycle.

Temporary passage through the drafting zone is allowed during overtaking manoeuvres.

Temporary passage through the drafting area is allowed 100m before and after entering or exiting the transition or hydration/fueling area respectively.

Temporary passage through the drafting area is allowed 100m before and after a tight bend respectively.

Temporary passage through the drafting area is allowed for safety reasons (e.g. avoiding an obstacle).

The drafting time should not exceed 20 seconds.

Overcoming:

An athlete is considered to have overtaken another competitor when the front wheel of the first athlete's bike has passed the second;

Once overtaken, the overtaken athlete has 10 seconds to slow down to get out of the drafting zone;

Cyclists must ride on the right side of the lane to allow overtaking and not block other athletes (NO BLOCKING).

3.3.4 RUNNING TEST

Long Distance - 41,8 km: introductory route Fughiu - Oradea 11,8 km + 12 loops of 2,5 km in the city centre

Time limit (total): 16 hours

Half Distance - 21,8 km: introductory route Fughiu - Oradea 11,8 km + 4 loops of 2,5 km in the city centre

Time limit (total): 11 hours 30 minutes

Olympic Distance - 11,8 km: introductory route Fughiu - Oradea

Time limit (total): 5 hours

On the introductory part of approx. 11.8 km there will be 4 revitalisation points

1. at km 2.5
2. at km 4 - intersection of Podgoria Street and Kabos Endre Street
3. at km 8 - the Monastery of the Holy Cross.
4. in front of Spoon restaurant on the banks of the Criş river

Closed loop: King Ferdinand Square - Ady Endre Street - Malului Street - Emilian Mircea Chitul Street - Centenary Bridge - Principatelor Unite Street - Tudor Vladimirescu Street - St. Ladislau Bridge - King Ferdinand Square - Iosif Vulcan Street - Libertăţii Street - Aurel Lazăr Street - Republicii Street - Moscovei Street - Madách Imre Street

The length of the downtown loop is 2.5 km.

A single revitalization point will be placed in King Ferdinand Square.

The Competition Centre/Finish will be located in King Ferdinand Square.

The map and explanations of how to run the race are available in the RACE INFO > RUN section of the event website.

Athletes must keep track of their laps. If, when validating the results, it is found that a competitor has not covered the full number of loops, that competitor will be disqualified.

3.3.5 Penalty box

According to the official paperwork, along the running route, a few dozen meters before the finish, there will be a penalty board and tent for time penalties applied by technical officials in the swim, transition zone, bike or run.

In this area, the numbers of the competitors to whom a time penalty is applied and the penalty mark will be visibly displayed on the board.

The penalties are as follows:

Bookmark	Description	Penalty for the first offence	Penalty for second offence	Penalty for the third offence
M	Non-compliance with the bike dismounting line (Mount Bike)	Full:	-	-
		Half: 30 sec.		
		Olympic: 15 sec.		
S/B		Warning	Full: Half: 30 sec.	DESQ.

	Unsportsmanlike behaviour in the swimming/cycling event		Olympic: 15 sec.	
D	Dismount Bike	Full:	-	-
		Half:		
		Olympic:		
E	Bike misplaced or equipment left outside the transition box	Warning	Full:	Full:
			Half: 30 sec.	Half: 30 sec.
			Olympic: 15 sec.	Olympic: sec.
L	Littering outside the permitted area	Full:	Full:	Full:
		Half: 30 sec.	Half: 30 sec.	Half: 30 sec.
		Olympic: 15 sec.	Olympic: 15 sec.	Olympic: 15 sec.
V	Other deviations	Full:	Full:	Full:
		Half: 30 sec.	Half: 30 sec.	Half: 30 sec.
		Olympic: 15 sec.	Olympic: 15 sec.	Olympic: 15 sec.

Failure to take a penalty in the designated Penalty Box area will result in disqualification.

3.4 Registration

Participants can register by filling in the online form on the official competition website.

Places are not transferable, but in special circumstances (emergency/injury/incapacity to participate), the place may be transferred to another person. Transfer cannot be made after the closing date for registration. The same rule applies to changing a participant's place from one race to another. In the case of transfer from a race with a higher entry fee to one with a lower entry fee, the difference is not refundable. After the closing date for entries, no changes will be possible.

3.5. Affidavit

All competitors are required to complete and sign a sworn declaration when picking up their competition kit certifying that they are medically fit to participate in the competition and that they have the ability and skill to complete all three events: swim, bike, run.

By starting the competition, the competitor confirms the validity of the signature.

3.6 Equipment and competition conditions. Competition numbers

Competitors will use their own equipment in the competition. Competitors are advised to wear equipment appropriate to the weather conditions at the time of the competition day.

Competition equipment will follow World Triathlon rules.

3.6.1 Swimming event:

Depending on the water temperature, it will be announced whether a wetsuit is mandatory, optional or prohibited for the swim race. For the swim race, it is compulsory to wear the swimming helmet provided by the organiser in the start kit.

Depending on the water and air temperature announced one hour before the start time, i.e. 6.00 am, 7.30 am and 1.00 pm, it will be announced whether wetsuits are compulsory, optional or prohibited for the swim race.

If the water temperature is above 24.1 degrees C, wetsuits will be prohibited.

If the water temperature will be between 16 and 24 degrees C, the neoprene suit will be optional.

The use of a SAFETY BUOY is allowed with the proviso that those using it will start last.

Competition numbers, swimming helmet and timing chip will be given to competitors by the organizer.

3.6.2 The cycling event:

Competition numbers are attached with an elastic band and must be worn on the back by each competitor during the cycling race. The competition number must not be damaged (cut, torn, bent) or covered in any way.

Cycling helmets are MANDATORY for all competitors during the cycling race as well as during the warm-up before the race.

Bicycles accepted to the competition :

Bike type	Full Race	Half Race	Olympic Race
Time trial bike	FROM	FROM	NO
Road bike (racer) with aero bars	FROM	FROM	NO
Road bike (racer) without aero bars	FROM	FROM	FROM
Mountainbike (MTB)	NO	NO	DA?

For relay races the same requirements apply as for individual races over the same distance.

Bicycles must be in good working order with working brakes on both wheels.

3.6.3 Running test:

The use of specific running equipment is mandatory. The competition number is worn on the chest/abdomen to be visible.

No bare-chested running is allowed.

3.7 Start and time limits

Start and time limits for each race will be given in the competitor's guide.

The programme is subject to change, which will be announced in advance.

The organizers reserve the right to remove an athlete from the race (who will be declared DNF) if our race officials deem that there is no possibility for the participant to complete the event (swim, bike, run) before the stop times, depending on the athlete's location, time and average speed to that point.

3.8 Establishing results

Classification by category is based on the final time of each participant.

The timing chip provided by the organisers will be returned after crossing the finish line.

3.9 Route Referees, Technical Delegates and Referee Panel

The competition will be refereed by a team of technical officials on behalf of the Romanian Triathlon Federation.

The team of technical officials and members of the race committee (course referees) will cover the entire race area and will ensure that the competitors respect the route and these rules.

Any violation of these rules will be sanctioned by the technical officials by warning, time penalty or disqualification, depending on the seriousness of the non-compliance.

If a committee member in charge of a race reports an attempt by a competitor to "shortcut" (by shortening or diverting) the competitor will be disqualified.

3.10 General rules of conduct

a.) Failure to comply with the Organising Rules may result in the athlete being given a verbal warning, a time penalty, disqualification, suspension or elimination from the competition;

b.) The nature of the infringement will determine the type of penalty.

c.) Suspension or elimination will only be used in case of a serious violation of the FRTRI Triathlon and Duathlon Competition Regulations or the FRTRI Anti-Doping Regulations.

d.) Penalty Grounds: an athlete may receive a verbal warning, be given a time penalty or be disqualified if they do not comply with the Rules of Competition.

e.) Technical Officials have the right to penalize athletes, even if the violation is not mentioned, if they believe it is an unfair advantage or a dangerous situation intentionally created.

3.11 Verbal warning

a) The purpose of a verbal warning is to alert the athlete to a possible violation of the rules and to promote a "proactive" attitude by the organisers.

b) Verbal warning is given when:

(1) An athlete unintentionally breaks a rule;

(2) A Technical Official considers that a rule will be broken;

(3) No advantage was obtained.

c.) The manner in which a verbal warning is given: the official will blow his whistle, the athlete will be stopped, if necessary, asked to change his behaviour and then allowed to continue the race.

3.12 Time penalty

a) It is not necessary for the Technical Official to give a verbal warning before a more serious penalty;

b) The time penalty is used for minor infringements;

c) Time penalties will be given in the on the spot or transition zone.

3.13 Disqualification

Disqualification is only used in the case of serious rule violations, such as: repeated drafting or "net riding" (in cycling) and/or dangerous or unsportsmanlike conduct.

3.14 Swimming event rules

a) Athletes may use any style of swimming

b) Athletes may rest using any object on the course (buoy, kayak, etc.), but if an athlete asks for help to be pulled out of the water, she will have to withdraw from the competition, the decision will be considered abandonment.

(c) An athlete shall not impede another athlete in the water. If this happens accidentally and the athlete remedies the situation no penalty is awarded. When blocking continues, an unfair advantage or potential injury is gained, the athlete shall be penalized or disqualified, depending on the severity of the unsportsmanlike conduct.

d) athletes must use the official helmet, if available

(e) leg coverings from the knees down are not permitted when the use of neoprene is prohibited

f) Athletes must follow the pre-established swimming route. Shortening it, turning before the buoys, or having fewer laps will result in disqualification.

g) swimming equipment (helmet, goggles, wetsuit) shall be stored in the box located in the Transition.

3.15 Transition rules

a) Athletes are not allowed to prevent other athletes from entering the Transition Zone

b) Athletes must not disturb another athlete's equipment in the Transition Zone;

c) Bicycle travel is not permitted within the Transition Zone: athletes must ride their bicycle only beyond the mountline, with one foot in full contact with the ground after the mountline.

Athletes must get off the bike before the dismount line, having full contact with one foot on the ground in front of the dismount line. Within the transition zone (before the dismount line and after the dismount line) the bike may be pushed by the athlete's hand. The climb and dismount lines are part of the transition zones.

- d) Nudity and indecent exposure are prohibited;
- e) Athletes are not allowed to stop in the crossing areas of the Transition Zone;
- f) Marking of positions in the Transition Zone is not permitted. Markings will be removed and Athletes will not be notified of this.
- g) When returning to Transition after the bike race, athletes are not allowed to take off their helmet or touch its closing mechanism until they have placed their bike on the rack.

Ignoring or failing to comply with these rules will result in Stop&Go or time penalties as appropriate.

3.16 Rules for the cycling event

The athlete is not allowed to:

- (1) Block other athletes;
- (2) Ride the bicycle bare-chested;
- (3) Proceed without being in possession of the bicycle
- (4) Athletes must follow specific traffic rules for the competition - drafting, unless the Technical Official establishes other rules.
- (5) Athletes who leave the competition venue for safety reasons must return to the competition venue without gaining any advantage. If the advantage is gained due to this action, the athlete will receive a time penalty to be applied in the Transition Zone for the Amateur Category.

Athletes:

- (1) They will walk or run;
- (2) They will wear the official race number (always applicable to Age Group events. At other events, DT may make this mandatory and athletes will be informed of this at race briefing);
- (3) They will not crawl;
- (4) They won't run bare-chested;
- (5) They will not run shoeless or barefoot on any part of the route;
- (6) They won't be running with their bike helmets on;
- (7) They will not use poles, trees or other fixed elements to manoeuvre around bends;

- (8) They will not be accompanied by team members, team managers, or other coaches on the course.
- (9) They are not allowed to receive outside help (drinks, food) except in the hydration areas, where caregivers can leave the athlete's special food/drinks
- (10) They are not allowed to block the advance of another athlete

3.18 Conduct in the finish area

- (1) An athlete shall be considered to have "finished" the race when any part of his or her torso reaches the perpendicular line extending from the edge of the finish line.
- (2) It is forbidden to cross the finish line bare-chested or with supporters.

3.19 Safety guidelines

It is the athlete's responsibility to stay on the course. Any athlete who gives the Technical or Medical Officials the impression that they present a danger to themselves or others may be removed from the competition.

3.20 Illegal equipment

- a) Headsets, mobile phones or any other electronic communication equipment;
- b) Glass containers;

3.21 Submission and resolution of appeals

Appeals should be submitted to the official event office. The appeal forms are available at the office.

Appeals must be lodged in person by the athletes within 30 minutes of the end of the race in which they participated.

Disputes will be settled by the arbitration panel within a maximum of 2 weeks.

The amount of 200 RON is payable upon submission of the appeal; if the decision is in favour of the athlete, the amount is refunded.

3.21.1 Arbitration panel

The arbitration committee will be responsible for resolving all disputes.

Section 4. Awards

The competition can be found on the official website

Section 5. Administrative conditions

Administrative conditions (during races)

Participants who drop out of the race during the competition are obliged to notify the organizer of this fact and hand in their timing chip in the transition or finish area.

Medical care will be provided during the competition in case of accidental injury and a medical team is available near the Finish and Transition area.

5.2 Administrative conditions (exceptional)

In exceptional circumstances, which cannot be anticipated, threatening the safe conduct of the event (e.g. extreme weather conditions, earthquake, pandemic, military conflict), the event will be postponed or cancelled. Any external, unforeseeable, absolutely unavoidable event, including the situation where the competition is cancelled due to the evolution of the COVID 19 pandemic, will be considered as force majeure.

If the competition is postponed or cancelled, the participation fees are non-refundable, the organizer being exonerated from any kind of liability for possible damages caused to the participants, in accordance with the provisions of Article 1351 of the Civil Code. If the event is cancelled, participants will receive the participation kit.

5.3 Administrative conditions (general)

In accordance with the legislation in force, the organisers will make public the names and prizes offered in this competition. The list of winners will be published on the official website within 7 days of the event.

The organizers are obliged to comply with the provisions of the law no. 667/2001 on the protection of personal data.

As a result, the organisers are obliged to respect the confidentiality of the personal data of the participants/winners of the competition and to use them in accordance with these official rules, the participants' affidavits and the legislation in force.

It is forbidden for competitors to abandon waste in the competition area, risking disqualification from the competition.

5.4 Administrative conditions (eligibility)

They are eligible for participation (cumulative):

- people with a health condition that allows them to participate over these distances.
- persons registered with the Romanian Triathlon Federation (annual license or for one race) or - for foreign citizens - with the Triathlon Federation of their country of origin;

Minimum age for participation:

- Full 18 years race.

- Half race 18 years.
- Olympic race 18 years.

Information for Romanian athletes here: <https://triatlonromania.ro/licentiere/>

The organisers reserve the right to refuse entry to persons who:

- are recalcitrant, who do not behave in a dignified and respectful manner and go beyond the norms of common sense;
- are violent and aggressive towards the organisers or other participants;
- have consumed alcohol/drugs or are under the influence of such substances;
- carry weapons of any kind, explosive or incendiary materials, tear gas, irritants or paralyzing substances, electric shock devices or other devices which may be used in violent actions or which may disrupt the normal course of the event;
- are suspended for doping reasons.

Section 6. Financial rules

6.1 Participation fee

Entry fees are displayed in the REGISTRATION section and are different depending on the race chosen and the date of payment.

In case of non-participation the fee is non-refundable.

The transfer fee between races is 50 lei ????? and can only be made with justification, at the latest by the closing date for entries.

If a transfer to a shorter distance route is desired, the difference will not be refunded.

The fee for an appeal is 200 Ron.

Participants in individual events must be athletes with a one-day or annual FRTRI card.

<https://triatlonromania.ro/licentiere/>

Contact person organiser: Szokolszky Istvan, e-mail: contact@xmanromania.ro

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We wish you a pleasant ride!

Xterra Sport Bihor Sports Club Association